



Stanhope Barrington C of E
Primary School

Head Teacher: Mr S Myers

School Number 8403087

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1st April 2020

Dear Parent/Carer

Re: Thrive Activities

Some of you may already know that we are a Thrive School. Thrive is an approach which puts the mental health and emotional well-being of our children, staff and families at the forefront of everything we do. Recently, Mrs Howes qualified as a Thrive Practitioner and is taking the lead on implementing the Thrive approach across our school.

Now more than ever our mental health and well-being is of paramount importance. We have therefore put some information onto the Emotional Well-being section of our website (found in the Our School tab) and will be issuing ideas on a regular basis for activities you and your children can do to support mental health and well-being.

If you have any suggestions or pictures you would like to share please email us at stanhopebarrington@durhamlearning.net

Stay safe.

Yours sincerely

Mrs D Cross
Deputy Head Teacher

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