



Westcroft
Stanhope
Bishop Auckland
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Acting Head Teacher: Mrs D Cross

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Dear Parent/Carer

11th September 2020

Re: PE

During our first week back we have had a number of queries regarding the arrangements for PE in school and I am therefore writing to confirm our plans.

Children in every class, apart from Class 5, should bring a PE kit into school and they will be getting changed in their classrooms as they always have done.

Children in Class 5 should come into school with appropriate clothes to do PE under their school uniform wherever possible. The reason for this is that Class 5 is the only class in school who gets changed in the toilets and for them to do this one at a time will take up the whole lesson time.

Therefore, children in Class 5 will be asked to change in the classroom from now on.

Whenever possible PE lessons will take place outdoors (weather permitting) as the school hall must be cleaned in between each class using it.

PE lessons will take place on a two-week rolling programme as we are unable to facilitate every class receiving specialist sports coaching from Josh Ridley every week.

One week your child will be receiving two PE lessons, one with Josh and one with their teacher. The following week they will receive one PE lesson from their teacher and this will be supplemented with 'PE at your desk' activities, outdoor play equipment used on the yard and mindfulness activities involving physical games.

Children in EYFS will receive one PE lesson with Josh and a number of other activities linked to gross motor skills on a daily basis.

PE kits should consist of appropriate sports wear suitable for outdoor and indoor lessons including long sleeved tops, jogging bottoms and trainers. Children can also wear t-shirts and shorts for indoor lessons but we are unable to tell you in advance whether a lesson will be indoors or outdoors on any given day.

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The timetable for PE is as follows:

EYFS – every day

Class 1 – Tuesday and Wednesday

Class 2 – Tuesday and Wednesday

Class 3 – Monday and Tuesday

Class 4 – Tuesday and Thursday

Class 5 – Tuesday and Friday

Please note that all children must wear a PE kit for PE lessons and any child who does not have a PE kit will miss their lesson as we are unable to provide spare kit due to Covid restrictions.

Yours sincerely

Mrs D Cross

Acting Head Teacher

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