

# LUNCH MENU

WEEK 1

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Hot Main Dish**

Pork Sausages with creamed potato & gravy

Minced Beef and Vegetables with creamed potato

Roast Turkey & Yorkshire Pudding with new potato & gravy

Chicken Korma with wholegrain rice

Breaded Fish Fingers with chipped potatoes

**Alternative Dish**

Macaroni Cheese 

Homemade Cheese & Tomato pizza

Vegetable Pastry Roll with new potatoes & gravy 

Chinese Vegetarian Rice 

Vegetarian Dippers with chipped potatoes 

**Third Choice**

Jacket Potato with selection of fillings

Jacket Potato with selection of fillings  

Jacket Potato with selection of fillings   

Jacket Potato with Selection of fillings 

Jacket Potatoes with selection of fillings 

**Salads**

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads 

**Deli Choice**

Freshly made Sandwiches, Rolls & Wraps

**Vegetables**

Carrots   
Green Beans

Sweetcorn   
Baked Beans

Carrots   
Cabbage

Peas   
Sweetcorn

Baked Beans   
Peas 

**Desserts**

Orange Drizzle Cake with Custard

Chocolate Sponge with Chocolate custard

Strawberry Jelly & Fruit 

Flapjack with fruit 

Chocolate Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

# LUNCH MENU

WEEK 2

**NORTH EATS.**

So much more than school food



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Hot Main Dish**

Vegetarian Meatballs in Tomato sauce with wholemeal pasta



Chinese Chicken and Vegetable Rice



Roast Turkey Roast Potatoes Gravy

Beef Lasagne with garlic and herb bread



Breaded Fish Fingers with chipped potatoes

**Alternative Dish**

Cauliflower Macaroni Cheese with crusty bread



Pizza Wheel with Potato Wedges



Tomato Pasta with garlic and herb bread



Sweet Chilie Vegetable noodles



Vegetarian sausage in a bun with chipped potatoes



**Third Choice**

Jacket Potato with A selection of fillings



Jacket Potato with a selection of fillings

Jacket Potato with A selection of fillings

Jacket Potato with a selection of fillings



Jacket Potato with a selection of fillings



**Salads**

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads



**Deli Choice**

Freshly made Sandwiches, Rolls & Wraps

**Vegetables**

Peas Carrots



Baked Beans Sweetcorn



Carrots Cabbage



Green Beans Sweetcorn



Baked Beans Peas



**Desserts**

Oat Chocolate Cookie with fruit



Vanilla Cake and Custard

Chocolate and Banana Marble cake with custard

Flapjack with fruit



Chocolate & Orange muffin

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

# LUNCH MENU

WEEK 3

**NORTH EATS.**  
So much more than school food



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Hot Main Dish**

Vegetarian Bolognese with wholemeal pasta



Cottage Pie



Roast Pork in a bun with gravy and Oven Baked Potato wedges

Butter Chicken Curry with wholegrain rice



Southern Fried Chicken with Chipped Potatoes

**Alternative Dish**

Cheese & Tomato pizza with oven baked potato wedges



Mexican Vegetarian Tortilla Pie with wholegrain rice



Cheesy Ploughman's Picnic Plate with Oven Baked Potato Wedges



Tomato Pasta Bake with Garlic Dough Balls



Tomato Veggie Burger with Chipped Potatoes



**Third Choice**

Jacket Potato with a selection of fillings



Jacket Potato with a selection of fillings

Jacket Potato with a selection of fillings

Jacket Potato with a selection of fillings



Jacket Potato with a selection of fillings



**Salads**

Fresh Salads



Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

**Deli Choice**

Freshly made Sandwiches, Rolls & Wraps

**Vegetables**

Carrot sticks  
Baked Beans



Cabbage  
Peas



Carrots  
Coleslaw



Green Beans  
Sweetcorn



Baked Beans  
Peas



**Desserts**

Feathered jam sponge with custard



Flapjack with fruit



Pineapple Upside Down Cake with custard

Chocolate Brownie with Fruit

Frozen Mango Yoghurt



Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish