

LUNCH MENU

WEEK 1

NORTH EATS.
So much more than school food

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Meatless Balls in Tomator Sauce with wholemeal pasta	All Day Bacon Breakfast with Oven Baked Jacket Wedges	Roast Pork & Yorkshire Pudding with new potatoes & gravy	Chicken Korma with wholegrain rice	Breaded Fish Fingers with chipped potatoes
Alternative Dish	Homemade Cheese & Tomato pizza with oven baked jacket wedges	All Day Vegetarian Sausage Breakfast with Oven Baked Jacket Wedges	Stir Fried Vegetable Rice	Cheese & Onion Pasty with Mashed Potatoes & Gravy	Vegetarian Dippers with chipped potatoes
Third Choice	Jacket Potato with selection of fillings	Jacket Potato with selection of fillings	Jacket Potato with selection of fillings	Jacket Potato with selection of fillings	Jacket Potatoes with selection of fillings
Salads	Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads				
Deli Choice	Freshly made Sandwiches, Rolls & Wraps				
Vegetables	Broccoli Sweetcorn	Baked Beans Carrots	Carrots Peas	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Lemon Sponge with Custard	Strawberry Jelly with Fruit Slices	Flapjack with Custard	Apple Crumble with Custard	Rice Pudding

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

Vegetarian
 Nutritionists Choice
 Fruit Based
 Wholegrain
 Oily Fish

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WEEK 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetarian Bolognese with wholemeal pasta	Chicken Tikka Masala with Wholegrain Rice	Roast Pork Roast Potatoes Gravy	Mince Beef Pie with Mashed Potatoes and Gravy	Chicken Goujons with Chipped Potatoes
Alternative Dish	Homemade Cheese & Tomato Pizza with Oven Baked Potato Wedges	Tomato Pizza	Vegetarian Cottage Pie with Gravy	Macaroni Cheese	Vegetarian Dippers with chipped potatoes
Third Choice	Jacket Potato with A selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with A selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Salads	Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads				
Deli Choice	Freshly made Sandwiches, Rolls & Wraps				
Vegetables	Baked Beans Sweetcorn	Broccoli Carrots	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Orange Drizzle Cake with Custard	Vanilla Sponge and Custard	Cornflake Tart with Custard	Crunchy Chocolate Biscuit with Fruit	Flapjack with Fruit Slices

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WEEK 3

NORTH EATS.
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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetarian Sausages with Mashed Potatoes and Gravy	Beef Bolognese with Wholemeal Pasta	Roast Turkey with Yorkshire Pudding, new potatoes and gravy	Minced Beef Cobbler with Mashed Potatoes	Breaded Fish Fingers with Chipped Potatoes
Alternative Dish	Macaroni Cheese	Homemade Cheese & Tomato Pizza with Oven Baked Jacket Wedges	Quorn Roast with Yorkshire Pudding, new potatoes and gravy	Tomato Pasta	Mexican Taco Pots with Wholemeal Rice
Third Choice	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Salads	Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads				
Deli Choice	Freshly made Sandwiches, Rolls & Wraps				
Vegetables	Green Beans Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Oat Biscuit with Fruit Slices	Chocolate Sponge with Chocolate Custard	Vanilla Cake with Custard	Feathered Jam Sponge with Custard	Chocolate Brownie with Fruit Slices

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CHILD'S NAME:

CLASS: