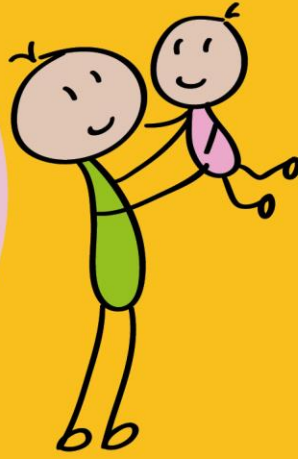


# Baby and Us



**Do you have a baby  
between the age  
of 0–9 months and  
live in Durham?**

**Come  
and  
join our  
course!**



- A weekly group led by trained local parents
- An opportunity to meet other parent/carers and have a well needed cuppa!
- Support to learn about your baby's development and understand their needs

**Next Group:  
Starting Friday  
26th April 10am –  
12pm at Stanley  
Family Hub**

**Call or text: 07917 474 856**  
**For more information [EPEC@durham.gov.uk](mailto:EPEC@durham.gov.uk)**  
**[www.durham.gov.uk/EPEC](http://www.durham.gov.uk/EPEC)**



**EMPOWERING  
PARENTS  
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