

Being a Parent-Autism

Do you have a child who has autism or who is on the pathway?

- Term time only
- Support programme for Durham parents, led by Durham parents

Our **FREE** course helps to support you and your child with Autism

Try out a new way of doing things

10 week course for 2.5 hours a week

Managing feelings and behaviour

Sensory processing differences

Coping with change

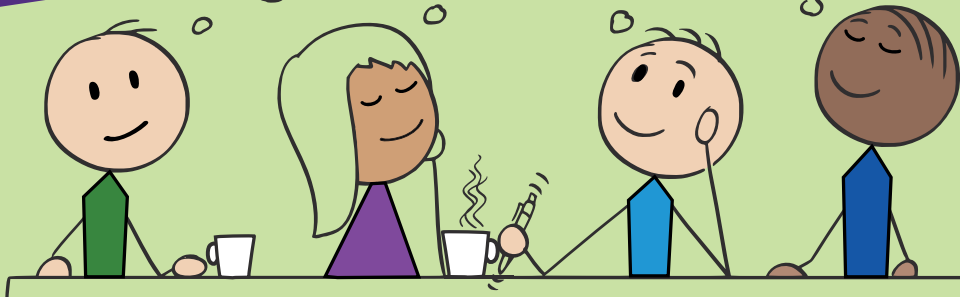
Take time out for yourself

Meet other parents

Being a Parent-Autism

All families are different, and all children with Autism are different

Get practical support



For more information EPEC@durham.gov.uk



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

